

# FOCUS

MWR Yokosuka Activities Guide • January 2004 • No. 34



**Ring out the old...**

**What's  
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the NEW!**



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**ITT Office**  
Tel. DSN 243-3498  
Tel. CML 046-828-7221

## New Year's Events

- Officers' Club New Year's Eve Celebration
- CPO Club New Year's Celebration
- Seaside Club New Year's Eve Bash
- Club Takemiya New Year's Eve Party
- Negishi Club New Year's Party
- ITT-New Sanno New Year's Eve Party
- Yokosuka Teen Program New Year's Eve Party

- Outdoor Recreation Sunrise Hike
- Open Recreation Program Pre New Year's Bash for Grades K-3
- Bowling Center New Year's Eve No-Tap Tournament & Bowling Party
- Wellness Center New Year's Mini Aerobthon
- Wellness Center New Year's Resolution Seminars

- Adult Sports New Year's Good Luck Horseshoe Tournament
- Aquatics New Year's Inner Tube Water Polo Tournament
- Skateland Almost New Year's Celebration
- Skateland New Year's Day Skating Party
- Single Sailor Hotel Pacific Tokyo Overnight Tour



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<b>MWR Director</b>	<b>John Kinnamon</b>	<b>243-7250</b>
<b>Admin</b>		
Admin Officer	Eric Clemente	243-7250
Computer Support	Glen Samson	243-5662
Personnel Manager	Tess Arellano	243-1246
Financial Manager	Maria Custodio	243-5886
Facilities Maintenance Manager	Harold Grant	243-5729
Marketing Director	Ron Carson	243-5414
Safety Manager	Terry Milner	243-4079
Central Warehouse Manager	Max Goodlow	243-5047
<b>Child Development Programs</b>		
Child Development Program Administrator	Katheryn Hardebeck	243-9189
Asst. Child Dev. Program Administrator	Laura Calara	243-4470
Child Development Homes Director	Isabela Balanag	243-5478
CDC Hourly Care Director	Violeta Dela Rosa	241-4401
Ikego CDC Director	Mary Jean Garcia	246-8060
Negishi CDC POC	Cris Herrera	242-4316
<b>Community Activities</b>		
Community Activities Director	Mark Richards	241-2209
Community Center Manager	Cecille Flores	241-4110
Negishi Community Center Manager	Tommie Daniels	242-4120
Teen/Open Recreation Coordinator	Geoff Rhinehart	241-4100
SAC Program Coordinator	Chris Kasperek	243-3439
Yokosika Youth/SAC Program Manager	Luz Medina	243-5492
Auto Hobby Shop Manager	Duane Ketcham	243-5456
Wood Hobby Shop Manager	Dan Ainscoe	243-9064
Hobby Mart Manager	Jackie Sato	243-5040
Bowling Center Manager	Sam Long	243-4200
Youth Sports Manager	Steven Marksberry	241-2941
Youth Development Specialist	Barbara Smith	241-2209
Ikego Community Activities Manager	Robin Murphy	246-8071
Librarian	Kevin Jones	243-5574
Veterinary Services	Capt. Claire Cornelius	243-8862
<b>Club Operations</b>		
Club Operations Director	Nette Hoot	243-7316
Officers' Club Manager	Ben Ruelas	243-5030
Catering Manager	Yasunori Suzuki	243-5788
CPO Club Manager	Ken Johnson	243-5606
Club Alliance Manager	Stan Klimaszewski	243-5951
Seaside All Hands Club Manager	Jeff Polangin	243-5625
Ikego All Hands Club Manager	Godfrey Johnson	246-8075
Negishi All Hands Club Manager	Fred Garcia	242-4151
MWR Food Court	Lota Ballancio	243-3245
<b>Recreation</b>		
Recreation Director	Leah Dillingham	241-4431
Athletics Director	Kyle Rhodus	241-2941
Sports Director	Jessie Ecklund	243-5783
Thew Gym/Skateland Manager	George Williams	243-5398
Fleet Gym Manager	Mac McCormick	243-5304
Wellness Center Manager	Erin Haggard	241-4486
Aquatics Director	Carol Poole	243-6410
Entertainment Director	Earl Murray	243-5215
Theaters Manager	Greg Hooper	243-5406
ITT Manager	Ruriko Peters	243-5613
Fleet Recreation Coordinator	Craig Stevens	243-7284
Single Sailor Program Manager	LaVonne Lessard	243-7284
Outdoor Recreation Manager	Lynn Zwaagstra	241-3708
Outdoor Gear Issue Manager	Ken Morgan	243-5732
Sailing Center Manager	Dennis Lindemann	243-4155
International Programs Manager	John Saito	243-4731

## MWR Marketing Department



The Marketing Division of the Morale, Welfare & Recreation Department of Commander, Fleet Activities Yokosuka, Japan publishes Focus Magazine. Its purpose is to inform the community of MWR leisure and recreational activities available on and off base.

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 Commander, Fleet Activities, Yokosuka  
 MWR Marketing Department  
 PSC 473 Box 60 Code 605  
 FPO AP 96349 - 0060  
**Location:**  
 CFAY Building # 1559, Room # 219

## MWR Mission Statement



To provide Active Duty personnel, their family members and other authorized patrons goods and services necessary to enhance their "Quality of Life." MWR programs include well-rounded athletic, recreation and leisure activities, in addition to food & beverage and entertainment services.



# Dining

## Officers' Club

### Kosano Dining Room



<b>Sundays</b>	Ala Carte
<b>Mondays</b>	Ala Carte
<b>Tuesdays</b>	
<b>January 13 &amp; 27</b>	Mongolian BBQ \$5.95 per ounce
<b>January 6 &amp; 20</b>	Pasta Night Adults \$9.95 Child \$4.95
<b>Wednesdays</b>	Ala Carte
<b>Thursdays</b>	Ala Carte
<b>Fridays</b>	Ala Carte
<b>Saturdays</b>	Prime Rib Buffet Adults \$13.95 Child \$6.95



### Sunday Brunch For January

It's a new year and a brand new, exciting Sunday Brunch Buffet awaits you every Sunday, featuring lots of new items for you to choose from.

**Brunch hours: 0900 to 1330**

**Adults \$11.95 Children 5 to 11 \$5.95**

Due to the popularity of the Brunch, it's recommended you make reservations to avoid delays in seating.

### Special Events

#### Officers' Club Closure

**January 1**

The Officers' Club will be closed for general maintenance. We will re-open for regular business at 0630 on January 2. Thank you for your understanding. Happy New Year!



### Diet Resolution Week

**Starts January 2**

The first week of January is known as Diet Resolution Week. To assist you in this venture, join us in the Kosano Dining Room and savor our "low calorie" lunch specials.

### Club Closed After Lunch

**January 5**

The club will close after Lunch due to an MWR Awards and Holiday Banquet.

### Seafood Buffet

**Last Friday of the Month**

Don't miss this great buffet. Featuring King Crab, Shrimp, Seafood Newburg, Roast Kalua Pig, Huge Salad Bar and all the trimmings. Please make reservations for this popular event!

# SUPERBOWL XXXVIII CLUB EVENTS

#### Club Alliance

Watch the game on the big screen in the Upper Deck Sports Bar while enjoying a free taco and burrito along with your favorite beverage.

#### Seaside All Hands Club

Barnacle Bill's doors open at 0600 for the pre-game show. Breakfast buffet in the main dining room from 0600-0900. Join the trivia contest and win prizes. See the NFL Cheerleaders at half time.

#### Club Takemiya

It's that time again. Watch the big game on a big screen TV. We will have a breakfast buffet for \$4.95 a person, trivia, and a free raffle, all with prize giveaways.



## CPO Club

### Menu

#### Saturday Ala Carte Brunch

from 1000 to 1330

Waffles, omelets and other great breakfast items available. **Steak and Eggs special for January...\$4.99**

#### Lunch

##### *Tweak the Lunch Menu Month!*

Old favorites come back to our lunch menu!

#### Monday through Friday

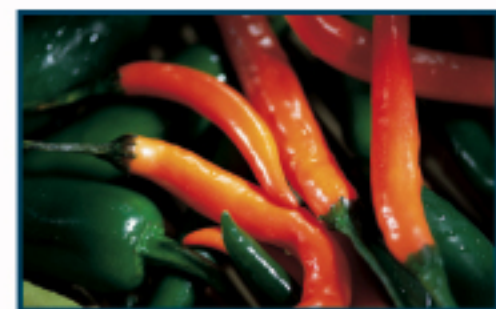
A sumptuous lunch buffet with a large variety of offerings including our Filipino special.

**\$6.00**

#### Sunday Brunch

Come and join us for our elaborate Champagne brunch, featuring a choice of excellent Crepes this month. An upscale menu with made to order omelets, eggs benedict, French toast, pancakes, waffles and more. Reservations are recommended.

**\$9.95**



#### Hot and Spicy International Day

January 16

A hot and spicy luncheon menu served up special on our daily lunch buffet.

#### Dinner

##### *Tweak the Dinner Menu Month!*

Look for some CPO traditions to come back to the menu.

#### Monday

We set the mood for your dining pleasure and our sumptuous buffet; our made to order pasta station, excellent choice of entrees and pizza, is sure to please.

**\$8.95**

#### Tuesday

##### *Wine and Prime*

Garlic Roasted Prime Rib!  
**\$10.95**

#### Wednesday

##### *Mongolian BBQ*

A CPO tradition.  
**55¢ per ounce**



#### Thursday

##### *Chinese Night*

Our elaborate Chinese buffet features an excellent selection of soup, appetizers, salads, main courses, desserts and fresh fruits. Reservations are recommended.

**\$8.95**

#### Friday

##### *Seafood Night*

We prepare an array of seafood the way you like it.



#### Saturday

##### *Size it up Steak Night*

Size it up and we slice it as thick as you like. Served with your choice of Blackened, Teriyaki, Garlic or Argentinean style Chimichuri. The choice is yours!

**\$2.00 per oz.**

#### Sunday

##### *Beef and Burgundy Night*

Tender beef sliced to order, accompanied with fresh vegetables, starch and a glass of house wine.

**\$9.95**

## Entertainment



#### Live Music

Fridays and occasional Saturdays at the CPO Cove Bar. Sponsored guests allowed.

#### Country Night in the Cove Bar

Enjoy all your favorite Country tunes every Thursday night from 1900 until closing.



#### Ja-Pun Dinner Show

January 24

A fun filled evening of comedy and a great dinner to go with it! Hors d'oeuvres served from 1800, four-course dinner served at 1830 Show starts 1930



#### Single Sailors

Come in Thursdays from 1930 to 2130 and receive a 50% discount on our Chinese Buffet.

#### CPO Club Bingo

*Every Wednesday & Thursday*

Open to all hands.



# Dining

## Club Alliance

### Entertainment - 3rd Floor

#### Lighthouse

##### Friday

Live Music with DJ Masa from 2100 to 0100

##### Saturday

Live Music with DJ Chie from 2100 to 0100

#### Upper Deck Sports Bar

##### Friday

Live Music with DJ Chie from 2100 to 0100

### Entertainment - 1st Floor

##### Sunday

PRYZM Band from 1930 to 2330

## Seaside Club

### National Soup Month

#### January 1 - 30

In celebration, the Harbor View Dining Room offers our soup of the day for 75¢/cup and \$1.25/bowl, plus a \$1.00 discount on our Salad Bar with Soup. Discount may not be combined with any other promotional discounts.

### New Year's Day Buffet

#### January 1 from 1100 to 2100

Come out and welcome the New Year in the Harbor View Dining Room! We have an array of delicious and appetizing menu items prepared just for this special day.

### Kid's Night

#### January 9 from 1700 to 2100

Have an enjoyable dinner with your kids in the Harbor View Dining Room. Children 11 years old and younger get a free drink with every paid meal from our Kids' Menu. Balloons will be given out to all kids.

### Family Night

#### January 17

Come one, come all to the Seaside All Hands Club. Treat your family to dinner on this special night and get a 10% discount on your check. We'll be expecting you. Discount applies to all families, and may not be combined with any other promotional discounts.

##### Tuesday

Karaoke with Angle & Dave from 1930 to 2330

##### Wednesday

Reggae Music with D.J. Earl from 2000 to 2400

##### Thursday

Latin Night from 2000 to 2400

##### Friday

Live Bands and/or other Specialty Shows from 2000 to 2400

##### Saturday

Dance Music with D.J. Masa from 2200 to 0200

### Tournaments/Events

#### Upper Deck Sports Bar

##### Monday: 9-Ball

Sign-ups at 1900, games start at 1930

### Martin Luther King Jr.'s Birthday

#### January 19

American clergyman and Nobel Prize winner, one of the principal leaders of the American civil rights movement and a prominent advocate of nonviolent protest. King's challenges to segregation and racial discrimination in the 1950s and 1960s helped convince many white Americans to support the cause of civil rights in the United States. After his assassination in 1968, King became a symbol of protest in the struggle for racial justice. (MSN Encarta)

Join us for a special Soul Food Dinner Buffet in the Harbor View Dining Room.

**Adults: \$9.95, Kids (11 and under): \$5.95**

### Daily Philippine Special

<b>Monday</b>	Chicken and Pork Adobo
<b>Tuesday</b>	Tinolang Manok
<b>Wednesday</b>	Tapsilog
<b>Thursday</b>	Sotanghon and Lumpia
<b>Friday</b>	Ginataang Gulay & Fried Fish

\* No Philippine Special on weekends and holidays.

### Wednesdays are International Nights

Visit our dining room and try a variety of foods from cultures around the globe.

<b>January 7</b>	Filipino Night
<b>January 14</b>	Southern Night
<b>January 21</b>	Chinese Night
<b>January 28</b>	Korean Night

##### Wednesdays: 8-Ball

Sign-ups at 1900, games start at 1930

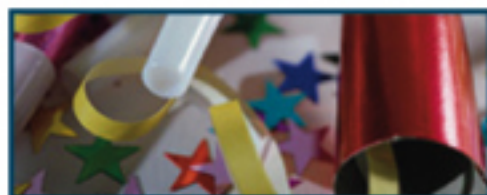
### Attitude Adjustment Nights

#### Every Wednesday

Taco Night from 1700 to 1900

#### Every Friday

Chef's Choice Night from 1700 to 1900



### New Year's Day

#### January 1

We will be open our regular hours.

### Barnacle Bill's Lounge Events

### National Popcorn Day

#### January 19 from 1100 to 2300

Get free popcorn all day in Barnacle Bill's Lounge. Popcorn may only be consumed in the bar.

### Ladies' Night Out

#### January 23

Enjoy live entertainment with your friends. The first 20 ladies will receive a red long stem rose. All ladies get a free non-alcoholic beverage from 1800 to 1900.

### Social Hour

#### Every Friday from 1600 to 1800

Unwind in a relaxing atmosphere with your friends after a week of hard work. Free finger foods will be available.

### Karaoke with DJ Dave Every Sunday

If you can sing, or just think you can, stop by and join the fun! Sign-ups begin at 1800.

### Live Entertainment

Every Thursday, Friday and Saturday Night.

### Participate in our Designated Driver Program

Be the designated driver for your friends or shipmates and receive a free t-shirt, \$5.00 gift certificate, and free non-alcoholic drinks for the evening.





## Check out Seaside Deli's Family Home Meal Deals!

**Monday – Friday**  
1100 to 1400 & 1700 to 2000  
Only \$5.50 per meal deal

**Monday**  
Chicken and Pork Adobo  
Steamed Rice  
Vegetables  
Dinner Roll  
Dessert  
Medium Fountain Soda

**Tuesday**  
Salisbury Steak  
Steamed Rice  
Mashed Potato  
Tossed Salad  
Dessert  
Medium Fountain Soda

**Wednesday**  
Barbeque Spareribs  
Steamed Rice  
Corn on the Cob  
Dinner Roll  
Dessert  
Medium Fountain Soda

**Thursday**  
Lasagna  
Garlic Bread  
Tossed Salad  
Dinner Roll  
Dessert  
Medium Fountain Soda

**Friday**  
Fried Chicken  
Steamed Rice  
Vegetables  
Dinner Roll  
Dessert  
Medium Fountain Soda

## Club Takemiya

### Lunch/Dinner Specials\*

**Monday**  
Loco Moco / Family Night Buffet  
**Tuesday**  
Fried Herb Cod / BBQ Spare Ribs  
**Wednesday**  
Teriyaki Chicken Breast / Steak Night  
\$1.00 Off All Steaks  
**Thursday**  
Egg Meat Loaf / Asian Food Night  
**Friday**  
Tuna Melt / Shrimp Scampi  
**Saturday**  
Fried Chicken/ Prime Rib Night  
**Sunday**  
Sunday Brunch (1030 to 1330)  
**\$8.95 Adults, \$4.95 Kids 11 & under**  
Mongolian BBQ (1700 to 2100)  
**\$8.80 per pound (limited menu only)**

### Soup of the Day\*

**Monday** French Onion  
**Tuesday** Chicken & Noodle  
**Wednesday** Tomato Macaroni  
**Thursday** Chinese Corn Soup  
**Friday** Clam Chowder  
**Saturday** Beef & Beans

### Family Night Buffet Themes\*

**January 5** Filipino Cuisine  
**January 12** Russian Cuisine  
**January 19** Chinese Cuisine  
**January 26** Italian Cuisine

### Asian Food Night Menu\*

**January 1** Filipino Beef Steak  
**January 8** Tandoori Chicken  
**January 15** Pork Menudo  
**January 22** Sweet & Sour Chicken  
**January 29** Codfish Jon

\*All Specials & Soups are subject to change without notice

## Entertainment/Events

### Every Thursday

**Karaoke Night from 1900 to 2300**

### Every Friday

**Happy Hour from 1700 to 1900**  
Unwind and socialize after a hard weeks work, in a relaxing atmosphere with your friends. Free finger food is always available.

**Friday Night Therapy from 2100 to 0200**  
Featuring our best DJ's playing your favorite jams.

### Every Saturday

**Saturday Night Jams from 2100 to 0200**  
Featuring our best DJ's playing your favorite jams.

### Every Monday

**Family Night from 1700 to 2100**  
This is a special themed buffet, which includes a salad bar, and iced tea or coffee. Free prize giveaways.  
**Adults \$8.95, Kids 11 & under \$4.95**

### Holiday Hours

**January 1**  
Club Takemiya Bar & Dining will open at 1700, with a limited menu in the dining room. There will be no deliveries.

### National Thank Your Customers Week

**January 5 – 9**  
To show you how grateful we are for your patronage, we will have the following specials:  
1. Social Hour every night from the 5th to the 9th, with free finger food in the Lounge from 1700 to 1900.  
2. A free dessert with our lunch and dinner specials.  
3. All dine-in customers will be entered into a drawing for a special giveaway.  
4. If we don't say "thank you" after you have patronized our club, you will receive your next entrée from our menu for free. (Patronage is not limited to the purchase of food).

### Yokosuka Jazz Band

**January 10 & 24 from 1700 to 2100**  
Listen to the smooth sounds of live jazz while you eat in our dining room.

### Soul Train Night XXVIII

**January 17**  
In celebration of Martin Luther King's birthday, our DJ will be playing all your favorite "Soul Train" jams from the 60's to the 80's. Free finger food will be available.

### 8-Ball Tournament

**January 9 & 23**  
Prizes awarded to 1st, 2nd & 3rd place winners.

### 9-Ball Tournament

**January 3, 17 & 31**  
Prizes awarded to 1st, 2nd & 3rd place winners.

### Club Takemiya Delivers

**Monday – Saturday from 1700 to 2030**  
Call 246-8077 (Ikego Housing residents only).

\* Delivery times and days are subject to change without notice.



## Negishi Club

### Every Sunday

Sunday Brunch from 0900 to 1400  
Adults \$7.95, Children \$4.00

### Mongolian BBQ Night

Every Tuesday starting at 1700  
Come out and join us for good food and live entertainment on Tuesday nights.  
Guess the price of your Mongolian within 5¢ and receive your meal free.



### Prime Rib Night

Every Saturday  
A Negishi club favorite!

### Negishi Club Renovations

Starting some time after January 20, we will be doing renovations to the club; as a result food specials, entertainment and hours of operation may change. We regret any inconvenience this may cause.

## MWR Food Court



### Mean Gene's Burger Special

Spicy Chicken Sandwich  
"The chick with kick"  
Sandwich \$2.95  
Combo Meal \$4.60

### Hot Stuff Pizza Holiday Special

Order any Large Pizza and get a free Thermo Mug. (Offer is good while supplies last).

### Everyday is a Holiday at Cinnamon St.

#### Package 1: \$23.95

1 Multi-pack of: 4 Cinnamon Rolls, 10 Cinnobabies, 12 Cookies, 18 Mini Blueberry Muffins, 6 Muffins.

#### Package 2: \$15.95

1 Multi-pack of: 4 Cinnamon Rolls, 6 Cookies, 6 Mini Blueberry Muffins, 3 Muffins, 24 Mini Cookies.

#### Package 3: \$5.95

1 Cinnamon Roll, 5 Cinnobabies, 12 Mini Cookies, 6 Mini Blueberry Muffins.

#### Package 4: Customize your own

Ask for details.



### New Year's Eve "Knock-Out" Treat Free Midnight Snack Buffet

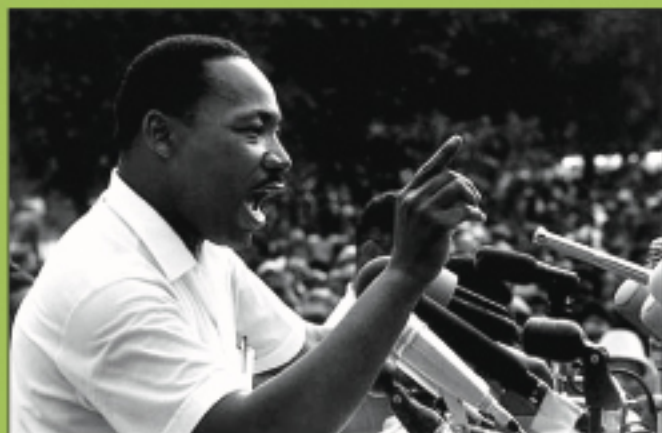
December 31 from 2300 to 0500

Donuts, cookies, Cinnobabies, muffins, coffee and more!

# MARTIN LUTHER KING DINNER

## NEGISHI CLUB

January 18 from 1700 - 2200



### Menu

Appetizers: fruit tray, vegetable relish tray w/ranch dressing, deviled eggs, cheese and crackers ham & pineapple tray

Dinner: onion gratin soup, 8oz New York steak & chicken breast w/sauce

Accompaniments: rice pilaf, collard greens

Desserts: cake, coffee, tea

Adults: \$20.00, Children: \$13.00 (11 and under)



# Information, Tours & Ticketing

## January

### January 2

*Imperial Palace Tour*  
\$15 for all ages

### January 4

*Tokyo Sightseeing Tour*  
\$27A/\$23J/\$13C



### January 10

*Fuji Area Winter Sightseeing Tour*  
\$24A/\$12C  
*Yunessun Hot Spring and Hakone-Zaiku Marquetry Tour*  
\$46A/\$26C

### January 11

*New Sanno Hotel Sunday Brunch and Edo Tokyo Museum Tour*  
\$36A/\$18C

### January 15

*Setagaya Boroichi Street Fair Tour*  
\$12A/\$6C

### January 17

*Hakone Sightseeing with Open-Air Museum Tour*  
\$35A/\$27C/\$12I  
*Kamogawa Sea World in Chiba Tour*  
\$46A/\$23C

### January 18 to 19

*Spa Resort "Hawaii" Aquamarine Fukushima and Iwai Ra Ra Fish Market Overnight Tour*  
SGL \$140A  
TWN \$135A/\$100C

### January 18

*Yunessun Hot Spring and Odawara Castle Tour*  
\$39A/\$19C

### January 19

*Tokyo Disneyland Amusement Park Tour*  
\$10A/\$5C for transportation only  
*Tokyo DisneySea Amusement Park Tour*  
\$10A/\$5C for transportation only

### January 24

*Tsukiji Fish Market and Ueno District Tour*  
\$14A/\$7C  
*Strawberry Picking and Mashiko Pottery Tour*  
\$30A/\$20C

### January 25

*Yokota Shopping Tour*  
\$14A/\$7C  
*Sanrio Puroland Amusement Park Tour*  
\$45A/\$43J/\$30C

### January 31

*Sledding at Snowtown Yeti Tour*  
\$25A/\$14C  
*Fujikyu Highland Amusement Park and Fireworks at Lake Kawaguchi Tour*  
\$55A/\$36C

## February



### February 1

*Chinese New Year at Yokohama China Town Tour*  
\$10A/\$5C  
*Takasaki Kannon, Usaburo Kokeshi Doll Factory and Shinto Winery Tour*  
\$30A/\$15C

### February 7

*Fuji Area Winter Sightseeing Tour*  
\$24A/\$12C  
*Noritake China Factory, China Pete's and Camp Zama Shopping Tour*  
\$16A/\$8C

### February 8

*Yunessun Hot Spring and Hakone-en Aquarium Tour*  
\$50A/\$25C  
*The 28th Sumo Tournament at Kokugi-kan Hall*  
\$12A/\$6C

### February 14

*"Valentine's Day Special" Kirin Yokohama Beer Factory and Yokohama Bay Royal Wing Dinner Cruise Tour*  
\$70A/\$35C

### February 14 - 15

*Universal Studios Japan and Kaiyukan Aquarium Overnight Tour*  
SGL \$245A  
TWN \$230A/\$205J/\$180C  
TRL \$215A/\$190J/\$160C

### February 15

*Sledding and Skating at Nihonland Amusement Park Tour*  
\$45A/\$30C

### February 16

*Tokyo DisneySea Amusement Park Tour*  
\$10A/\$5C for transportation only  
*Tokyo Disneyland Amusement Park Tour*  
\$10A/\$5C for transportation only

### February 21

*Tokamachi Snow Festival in Nigata Tour*  
\$36A/\$18C

### February 22

*Tokyo Sightseeing Tour*  
\$27A/\$23J/\$13C  
*Sankei-en Garden, China Town and Kanagawa Prefectural History Museum Tour*  
\$18A/\$12J/\$6C



### February 28

*Yunessun Hot Spring and Hakone-Zaiku Marquetry Making Tour*  
\$50A/\$30C  
*Experience of Soba Making and Shirayuri Winery Tour*  
\$36A/\$26C

### February 29

*Togo Shrine Sale, Harajuku District and Heiwajima Antique Fair Tour*  
\$12A/\$6C

For additional information, please



# Skills & Development

## Hobby Mart

### Holiday Closure

We will be closed on New Year's Day.

*The Hobby Mart is an arts & crafts store that has a variety of products for your hobby needs. Available products range from Washi Paper, rubber stamps, acrylic paints, scrap booking supplies, paint by numbers, flowers, beads, R/C cars & parts, fabric materials, an assortment of tea boxes and many more neat items.*

### Special Announcements

Please be advised that the Hobby Mart now carries a variety of fabric patterns for rent, you can choose from different styles such as costume, dresses, skirts, jackets, kimono for kids and adults, and many more. For more information, please stop by the Hobby Mart or call 243-5040 for more details.

### Warabe Doll

**January 10  
from 1330 to 1530**

"Warabe" means child in Japanese. Warabe paper dolls are child-like dolls crafted with origami papers. Origami papers may have a beautiful pattern (called washi papers) or be a solid color. Your warabe paper dolls can be made with a combination of patterned and solid papers. Participants can select their favorite patterned paper and coordinating solid paper to create a kimono for their doll.  
**Free**



### Tokyo Auto Salon Trip

**January 10**

The Auto Hobby Shop will be sponsoring a tour to the 2004 Tokyo Auto Salon. This show offers the latest aftermarket parts for vehicles as well as hundreds of modified vehicles. This is a must see for all car enthusiasts. The tour will depart the Seaside parking lot at 0800 and depart from the show at 1700. There is a 24-seat limitation. Stop by the Auto Hobby Shop to sign up, or call 243-5456 for more information.

**\$35.00 per person (includes transportation and admission fee).**

### Best Baby Picture Album

**January 24 from 1330 to 1530**

To celebrate Hobby Month, the MWR Hobby Mart is hosting a Best Baby Picture Album Contest. To qualify, contestants must purchase their supplies within the store (get 10% off on all related items associated with the contest). MWR gift certificates will be awarded to the winners. Sign-ups begin January 5 at the Hobby Mart!

**Free**

## Auto Hobby Shop

### Free Shop Usage

**January 1-31**

January is Hobby Month and the Auto Hobby Shop is offering free usage fees for all authorized personnel for the entire month.

### Vehicle Registration Class

**January 6 from 1000 to 1200**

**Community Center Room 201**

The Auto Hobby Shop will be conducting an easy to understand class on vehicle registration procedures for those interested in how to register a vehicle, where to buy insurance or make their own LTO run. This class is open to all SOFA sponsored personnel and their dependents.

### Basic Automotive Class for Spouses

**January 13 from 1000 to 1200**

Auto Hobby Shop Pit Crew member Amy will be conducting a class for spouses on basic automotive maintenance. The class will cover checking fluids, tire wear, oil leaks and will also include an 8-point safety check. After the class all those who participated will be able to conduct their own checks.

**Free**

### Junking Service

The Auto Hobby Shop now has a Junking service. For details call 243-5456.



### Reminder

Per CFAY Instruction 1710.64E the age limit for children allowed in the MWR Auto Hobby Shop (with parental supervision) is 12 years old.

## Wood Hobby Shop



### Candle Centerpiece

**January 19 - 30**

**Mondays, Wednesdays, & Fridays  
from 1630 to 2100**

This January the MWR Wood Hobby Shop will be offering a simple, but elegant, candle centerpiece. This class should take just a few days to complete and give you a striking centerpiece for your table. Classes are free of charge with the exception of wood and other building materials.

*Safety Note: This centerpiece is designed for tea light candles in glass or metal cups, not a standard candle!*

**\$10 to \$20, depending on the type of wood used**



### Safety Course

The Wood Hobby Shop will be changing its customer safety courses to Tuesdays & Thursdays at 1700, and Saturdays at 0800. This course is required for all customers wishing to use the wood shop. It lasts about 1 hour and 45 minutes and covers each machine in the shop along with a safety pamphlet and basic safety test.





## Youth Sports Program

### Basketball Coach's Clinic

The Youth Sports Basketball Coach's Clinic will be held at the Kinnick High School Cafeteria on Tuesday, January 6 at 1800. Coach's attendance is required. If you are unable to attend due to duty or other requirements please notify your local Youth Sports Specialist before the clinic.

### Basketball

The youth basketball season games start Saturday, January 17. The season will run through March 13 for the older age groups. See your local sports staff for more details.

### Gymnastics

Gymnastics classes are available at Yokosuka and Ikego. Classes for younger children ages 2-5 have been added to the Yokosuka schedule. Anyone interested in registering a child may inquire at Thew Gym (243-5398) or the Ikego Sports Office (246-8017) for more details.

### Year-Round Soccer Program

Youth soccer for kids ages 5 - 15 is played every Sunday at Ikego. In addition there is a U10 team based at Yokosuka you may join. Please register for this team at Thew Gym.

If you have any questions, want more information about any youth sport or to sign-up, feel free to contact the following Recreation Specialists:

**Ikego:** Mike Murphy in the MWR Sports Office or call 246-8017

**Negishi:** Robert Santana at the Negishi Youth Center or call 242-4120

**Yokosuka:** Charina Delacruz at Thew Gym or call 241-2952

## Seahawk Swimming

Yokosuka Seahawk Swim Team is a special interest group for swimmers under 18 years of age. They are recruiting all children interested in competitive swimming. For more information please contact Lauri Dittmer at 241-2366 or email: Dlkmdit@aol.com. \*This is not an MWR sponsored activity.

## Teen Programs

The YTP is designed for all eligible teens (grades 7 - 12) within the Yokosuka region including residents of Ikego, Negishi and off-base. You can sign up for YTP programs at any of the teen centers or for more information you can call the Teen/Open Recreation Programs Coordinator, Geoff Rhinehart at 241-4100.

Be sure to stop at any of your local teen centers and pick up a copy of our new Winter/Spring Schedule of Events. It's hot off the presses and packed full of exciting new adventures!

## Teen Centers

Any of the three local teen centers are open for all eligible teens (grades 7 - 12) to come enjoy the latest video games, air hockey tables, pool tables, movies, music, special events and more.

### Ikego

Come check out all the cool new stuff we have at the Ikego Teen Center, including a new pool table, air hockey table, club lighting, video games and more! For more information please call 246-8301.

## Yokosuka

Come check out your newly rejuvenated teen center! We have all kinds of new stuff. New pool tables, air hockey tables, plasma screen television, CD jukebox, club lighting and sound system, cool new furniture and much more! For more information please call 243-5542.

### Negishi

Come check out your brand new teen center! We've got a new pool table, air hockey table, Playstation, X-Box, computers, plasma screen television, CD jukebox, club lighting and more! We're located by the skate park at the top of Cardiac Hill. For more information please call 241-4100.

## Open Recreation Programs (ORP)

Open Recreation is available for all eligible youth (grades K - 6) within the Yokosuka Region including residents of Ikego, Negishi and off-base. You do not have to be enrolled in the School Age Care (SAC) program to participate and can sign up at any of the three local youth centers. For more information please call the Teen/Open Recreation Programs Coordinator, Geoff Rhinehart at 241-4100.

### ORP at the Teen Centers

**January 10 from 0800 to 1200**

Come hang out at your local teen center for the morning. The ORP team will be on hand so that you can enjoy all the cool stuff that is usually just for teens. Here's your chance to play a game of pool or air hockey, play your favorite video game on the Playstations or X-Boxes, surf the internet, or just relax on the couch and watch a movie or listen to music. Either way, it's guaranteed fun!

**\$5.00 (includes food and staffing)**

## Parents' Night

January 16 from 1800 - 2400

Looking for a much-needed night out on the town? The ORP team will provide you with a chance to do just that! While you are out, we will be playing non-stop indoor relay races and competing in a video game tournament! Call the Yokosuka Youth Center for details at 243-5492.

## Baseball & Softball Registration

February 1-29

All children 5 - 15 can sign up for the league. There will be a smart start program for 3 - 4 year olds.  
\$35 for the first child  
\$25 for a second  
\$15 for a third  
Practice starts March 22.



# Community Center

## Yokosuka Community Center



### Pottery

No materials fee. Let our expert instructor guide you in producing personalized pottery.

### Japanese Calligraphy

The artistic use for the elegant strokes of Japanese characters is endless.

### Japanese Tea Ceremony

Through tea, recognition is given that every human encounter is a singular occasion which can, and will, never recur again exactly.



### Japanese Dance

Relax your mind and soul while learning this very serene dance.

### Koto

A traditional Japanese instrument likened long ago to a dragon stretched out along the ground.

### Bonsai

The art of dwarfing trees or plants and developing them into a horticultural masterpiece.

### Washi Obi

Hanging Obi made from washi or traditional papers made from the long inner fibers of three plants.

### Washi Egg

Learn the fine details of covering eggshells with washi paper

### Ikebana - Sogetsu & Kofu

The art of using as few stems and leaves as possible in composing elegant arrangements that highlight the flowers' beauty is just one of its techniques.

### Kamakura Bori

Literally means "Kamakura carving." It involves the lacquering in a deep red color of wooden forms carved in low and sometimes deep relief.

### Tea Box Covering

Transform a plain tea box into something special.

### Kimekomi Balls

The more fancy decorated balls you make, the more impressive your centerpiece will be.



### Kimono Dressing

Dress in traditional Japanese clothing and take as many pictures as you like in our authentic Tatami Room. Our instructors will bring the kimono and accessories.

### Piano\*

\$12.50 per 30-minute session

### Classical Guitar\*

\$12.50 per 30-minute session

### Kumon Math

Learn simple addition and subtraction all the way to Calculus.

### Kumon Japanese Language

This covers the three Japanese writing forms: Hiragana, Katakana, and Kanji. Open to students age 5 to adult.  
**\$60.00 per month**

*Don't miss the wonderful Japanese arts & crafts classes soon to be discontinued. Bring a couple of friends to ensure the minimum number of 3 students is met and the class will not be canceled.*

### Chigirie

Create Japanese art by hand-tearing washi paper and forming a collage.

### Atori

Similar to Chigirie but using regular art paper.

### Oshie

Use pieces of cloth and cotton to create dimension on a pictured art.

### Fabric Flower

Live up any room with several handcrafted flowers.

### Fabric Crane

Be the first to make this great give-away decorations.

### Washi Craft

Made of washi paper, this basket will make an excellent gift by itself.

### Origami

This art of folding paper to produce a wide array of shapes and forms can be fun!

## Japanese Crafts for Kids

- Paper Craft Toy
- Chirimen Doll
- Paper Butterfly
- Kids Pottery
- Paper Flower
- Washi Egg
- Washi Magnet

## Ballroom Dancing Competition

**First time ever at your Yokosuka  
Community Center!**

Register at the Community Center by January 9. Final selection will be held grandiosely on Valentine's Day at the O'Club.

\*Minimum registration of 4 couples necessary to proceed with the competition.

For more information call 243-4110.

Visit us online @ CFAY.NAVY.MIL/WR





## Ongoing Classes

### Cooking

- Japanese
- Philippine Cuisine
- Hong Kong Style Cooking
- New Orleans Cuisine

### Japanese

- Beginning
- Intermediate
- For Kids

### Ballet

- Toddler
- Beginner I
- Beginner II
- Beginner III
- Intermediate

### Tap Dance

- Toddler
- Beginner
- Intermediate



### Hip-Hop Ballroom Dancing

## On The Drawing Board

- Modeling Class
- Mural Painting
- Western Arts
- Crafts for Kids
- Latin/Ancient Greek Language

\*Check the available time slots/schedule at the office located on the 2<sup>nd</sup> floor. Notice must be given 48 business hours in advance if classes will be missed to receive make up classes. Payment is due the 20<sup>th</sup> of the previous month in accordance to the piano contract.

Schedules are done based on instructors' availability and requirements. Visit our office for a list of additional classes or changes to this schedule.

Fill out our survey and tell us what other classes you would like to see offered. Let us know if you're interested and we will put you on our waiting list.

The Community Center invites you to share your talent or skill and get 80% of class fees collected. For more information please call 241-4110.

## Negishi Community Events & Skills Classes

### Lose the Holiday Calories 3K Run/Walk

January 3 at 0830

It's the start of the New Year, time to keep the resolutions and "Lose the Holiday Calories." Come run or walk through the Negishi community to shed those extra pounds.

### Karate Exhibition

January 10 from 1300 to 1500

Remember watching Bruce Lee movies and wondering how he did all those moves? If so, you really don't want to miss this exhibition. Several martial artists will be on hand to display their skills in the various fighting techniques.

Free

## Upcoming Events

### Valentine Dinner and Dance

February 14 from 1800 to 2100

### I Cannot Tell a Lie 5K Run/Walk

February 21 at 0830

## Leisure Classes

### Aerobics

Monday, Wednesday & Friday from 0900 to 1000

### Karate

Monday & Friday from 1700 to 1800  
Tuesday from 1800 to 1930  
& 1930 to 2100  
Thursday (Adult) from 1930 to 2100

### Piano

Tuesday - Friday from 1400 to 1900

### Ballet

Wednesday from 1600 to 1815

### Street Dance

Thursday from 1500 to 1545 (Adult)  
& 1600 to 1700 (Basic)

### Hip Hop

Tuesday from 1630 to 1730

### Japanese Language

Tuesday from 1100 to 1200  
Thursday from 1800 to 1900

### Ikebana

Friday from 1030 to 1200 & 1430 to 1600

## Ikego Community Events & Skills Classes

### I Have A Dream 5K Run/Walk

January 10 at 0900

Meet in the Club Takemiya parking lot. Register at the Ikego MWR Office no later than January 5.

## Leisure Classes

### Toddler Ballet Class

Wednesdays from 1430 to 1515  
& 1530 to 1615



### Ballet

Wednesdays 1530 to 1630  
& 1630 to 1800

### Kumon

Wednesdays from 1600 to 2000  
Fridays from 1530 to 1930  
Saturdays from 0800 to 1200

### Piano

Wednesdays from 1430 to 1630  
Thursdays from 1300 to 1930  
Fridays from 1300 to 2000  
Saturdays from 1000 to 1530  
Sundays from 1000 to 1530

### Gymnastics

Wednesdays from 1015 to 1100  
1115 to 1200  
1415 to 1515  
1520 to 1620  
& 1630 to 1730

### Tea Box Covering

Mondays from 0930 to 1230  
Thursdays from 0930 to 1230

### Ikebana Sogestu

Mondays from 1100 to 1300

### Guitar or Violin

Mondays from 1300 to 2130



# Community Activities

## Libraries

### New Year's Day

The library will be closed in observance of New Year's Day on Thursday, January 1.

### Dr. Martin Luther King, Jr. Day

The library will be open from 0830 to 1730 in honor of Dr. Martin Luther King, Jr. on Monday, January 19.

### Author Profile: Scott Turow

The words "I object" will never be heard coming from the mouths of Scott Turow fans. In fact, since Turow's first novel in 1987, the increasing readership "jury" has been returning time after time with affirmative responses.

Turow has found a way to combine two things that he loves – writing and the law. "From the time I was 11 or 12 I wanted to be a novelist," he said in a recent interview for [bestsellersworld.com](http://bestsellersworld.com).

Born on April 12, 1949 in Chicago, Ill., Scott graduated from high school and continued his education at Amherst College. In 1970, with high honors, he received a fellowship to Stanford University Creative Writing Center where he graduated in 1975.

Never one to just sit idly by and dream about what could be, Scott then decided to pursue training in still another field that intrigued him – the law. He entered Harvard Law School and graduated with honors in 1978. From 1978-86, he was Assistant United States Attorney in Chicago, serving as lead prosecutor in the investigation of corruption in the Illinois judiciary, leading to the conviction of 15 local judges and 49 attorneys.

Taking some advice he'd probably heard from a writing instructor years earlier, Scott combined both fields and now offers the same advice to other prospective writers – "write what you know." He says many of the things he witnessed first-hand as an attorney have been used as fodder for his books. Perhaps that's why his characters are so believable.

The Yokosuka Base Library owns the following of Mr. Turow's best-selling mystery/legal thrillers: *Presumed Innocent* (1987); *The Burden of Proof* (1990); *Pleading Guilty* (1993); *The Laws of Our Fathers* (1996); and *Personal Injuries* (1999).

## New Book Club Forming

A new book club has formed that meets on the third Thursday of the month at 0900 in the Yokosuka Base Library. New members are always welcome. For more information call the library at 243-5574. If you are interested in leading or joining a book club but can not meet at this time, let the librarian know at the aforementioned number, he will try to get like minded people hooked up with one another.

## Bowling

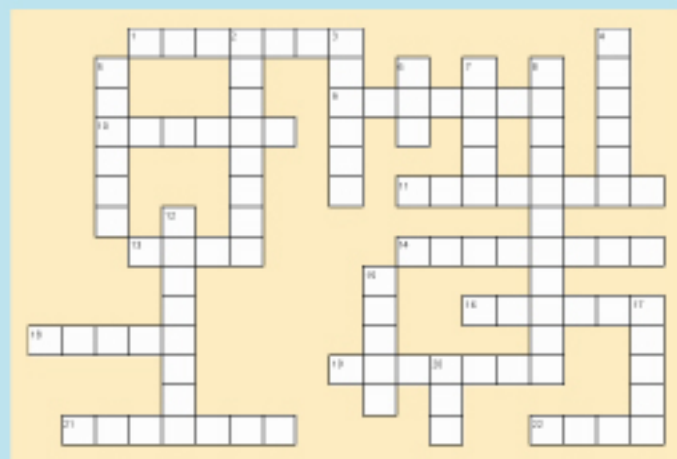
### New Year's Day Special

January 1 from 0900 to 2300

Drop by the Bowling Center and enjoy free bowling for the entire day. There will be a three game limit when there is a waiting list.  
**Free**

## Take the Community Center Challenge

And learn a new thing or two, no one can take away knowledge, nor pride in what you can do.



### Across

- 1 Check out our huge kitchen as you learn the secrets of Philippine, Hong Kong, Japanese or New Orleans cuisine during one of these classes
- 9 Two schools of this flower arrangement are represented, offering certifications to diligent students
- 10 Even toddlers can try to learn this universal dance and eventually be as graceful as a swan
- 11 Create art by hand-tearing washi paper and forming a collage
- 13 A 10-session course, one learns the art of carving from Kamakura
- 14 Nobody is too old to start learning classic dance steps of Tango, Waltz, Rumba, Cha-cha, and more!
- 16 Youngsters learn the moves and dance impressively to this new beat

- 18 This class will create an opportunity for potential artists to paint tasteful art on the Community Center interior walls for everybody to appreciate!
- 19 One need not use the wheel to create objects from clay when taking this class
- 21 A wide array of shapes and forms is produced simply by folding paper
- 22 This traditional Japanese instrument is likened to a dragon stretched out along the ground

### Down

- 2 These finely dressed dolls are representations of Japanese folktale or history
- 3 Classes are being offered on the classical type of this stringed instrument
- 4 This is the art of dwarfing trees or plants and developing them into horticultural masterpieces
- 5 Japanese arts and crafts use this material as much as paper
- 6 A ceremony serving this drink recognizes the uniqueness of every human encounter
- 7 This traditional paper is made from the long inner fibers of three plants
- 8 Artistic way of writing letters or symbols
- 12 This class will teach good posture and carrying one's self with grace
- 15 Learn Math or Japanese language effectively through this repetitious exercise
- 17 Let the music flow through your fingers as they glide through its keys
- 20 Move your feet and let your shoes create the beat

**\*Note: This crossword is not related in any way to "Puzzled About MWR." No prizes will be awarded for completion.**



## Outdoor Recreation

### Hiking

#### New Year's Day Sunrise Hike: Takeyama to Miura Fuji, Yokosuka, Kanagawa Prefecture (Beginner)

January 1 from 0345 to 1030

Start your new year with this beginner hike at Tsukuihama and walk up through the dark forest to Miura Fuji. We will enjoy the first sunrise of the year from the top of Miura Fuji (183 m). If the weather favors us, we may see the snow capped Mt. Fuji. We will then head over to Takeyama. At the top is "Takeyama Fudo-san" said to be founded in 1394. From Takeyama we will hike down towards Miura Beach.

\$10.00 per person

#### Day Hike: Iyogatake & Tomisan, Chiba Prefecture (Beginner/Intermediate)

February 8 from 0545 to 1800

We will hike two mountains on the Boso Peninsula, across Tokyo Bay from Yokosuka, starting with Iyogatake whose twin needle peaks provide a great view. After lunch, we move on to Tomisan, which also has twin peaks, but the only view is from the north one. If the weather is clear, we will see Miura Peninsula (where Yokosuka is), Izu Peninsula, and Mt. Fuji over Tokyo Bay. Total hiking time will be about 5 hours.

\$30.00 per person

### Mountain Biking

#### Ikego and Duck Pond (Beginner/Intermediate)

January 11 from 0845 to 1500

After some instruction, riders will test their new skills outside the gate at Oike Pond in Zushi, riding along the border that surrounds Ikego Housing. Come on out and enjoying great mountain biking in your own backyard!

\$20.00 per person

### Rock Climbing

#### Jogasaki Sea Shore, Izu Peninsula, Shizuoka Prefecture (Beginner, 5.7 ~ 5.10)

January 25 from 0445 to 1900

We will drive down to east coast of Izu Peninsula to Jogasaki, a very warm place even in the middle of winter. A lot of free climbers gather here to escape the chill. Enjoy a beautiful view while climbing the

cliffs next to the sea. This volcanic rock provides a very different style of rock climbing.

\$40.00 per person

### One-Day Ski Trips

#### Naeba – Yuzawa, Niigata Prefecture

January 3 & February 14

from 0245 to 2300

Naeba is a large, very famous resort with great snow, a huge variety of courses and an efficient lift system, complete with 2 gondolas and 9 high-speed quads servicing 28 courses. Snowboarders are allowed on all courses. The "Asagai" area of the resort is especially popular with boarders and home to a half pipe, quarter pipe, straight jump and more.

\$40.00 per person (transportation only)

\$55.00 per person (transportation and ski or snowboard set)

¥5,000 lift ticket not included



#### Kandatsu–Yuzawa, Niigata Prefecture

January 10 from 0245 to 2300

This popular, "cool" resort is in a convenient location, and is best suited to challenge mogul lovers. The resort offers a good selection of runs for all but beginners, who might feel confined to the one main straight slope down to the bottom of the hill. There are some tough runs at Kandatsu, with the main ones being the "Super Orion," a 45-degree slope with large moguls. Snowboarders are allowed on all slopes with "Castol" being the most popular choice.

\$40.00 per person (transportation only)

\$55.00 per person (transportation and ski or snowboard set)

¥4,600 lift ticket not included

#### Hakuba Goryu & 47 – Hakuba, Nagano Prefecture

January 17 from 0145 to 2345

Looking for value? Get two good all round resorts for the price of one! Hakuba Goryu offers 926m of vertical drop with 16 courses serviced by 13 lifts, while Hakuba 47 offers 800m of vertical drop with 7 courses serviced by 6 lifts. Each has a snowboard park with half pipe, quarter pipe, tabletop, and wave.

\$40.00 per person (transportation only)

\$55.00 per person (transportation and ski or snowboard set)

¥5,500 lift ticket not included

¥1,000 deposit refunded with ticket

#### Ishiuchi Maruyama – Shiozawa, Niigata Prefecture

January 24 from 0245 to 2300

With 31 courses and 33 lifts, this is a large resort. Add an extra ¥500 to the lift ticket price to gain access to Yuzawa Kogen and Gala Yuzawa. Hot mogul runs for the mogul-hounds are "Mogul Run" and "Giant." Snowboarding is allowed on all slopes, with facilities and snowboard parks in various locations around the resort.

\$40.00 per person (transportation only)

\$55.00 per person (transportation and ski or snowboard set)

¥4,200 lift ticket not included

#### Iwappara – Yuzawa, Niigata Prefecture

January 31 from 0245 to 2300

The wide-open slopes and long runs make Iwappara a popular place for users of all abilities. The spectacular views from the top of the mountains surrounding Yuzawa are breathtaking. There are 13 courses serviced by 14 lifts on this 585m of vertical drop. This is also one of the few resorts that snowboarders outnumber the skiers.

\$40.00 per person (transportation only)

\$55.00 per person (transportation and ski or snowboard set)

¥5,000 lift ticket not included

#### Maiko Korakuen – Shiozawa, Niigata Prefecture

February 7 from 0245 to 2345

This local resort offers wonderful powder and a fun snowboard park for the family. Powder hounds can find powder amongst the trees. This resort is the other (north) side of Iwappara.

\$40.00 per person (transportation only)

\$55.00 per person (transportation and ski or snowboard set)

¥4,200 lift ticket not included



# Recreation

## Overnight Ski Trips

### Shiga Kogen - Nagano Prefecture

January 18 - 19 from 0245 to 2345

Shiga Kogen is a large resort town with many ski resorts to choose from. Trip includes transportation, 2-day lift ticket, dinner & breakfast and lodging (2 per western style room). Ski and snowboard rentals are available at the Outdoor Recreation Center. Sign-up by January 2 to reserve your spot on this popular trip.

**\$214.00 per adult (12yrs & older) or**

**\$244.00 per adult (includes ski or snowboard rental package)**

**\$172.00 per child (up to 11 yrs old) or**

**\$187.00 per child (includes ski or snowboard rental package)**



### Happo-one - Nagano Prefecture

February 15 - 16 from 0245 to 2345

Happo-one was the main Nagano Olympic venue, and has a large variety of courses to choose from. The view from the top is amazing and a must see for all visitors. Trip includes transportation, dinner & breakfast and lodging (2 per western style room). Ski and snowboard rental is available at the Outdoor Recreation Center.

**\$200.00 per adult (12yrs & older) or**

**\$230.00 per adult (includes ski or snowboard rental package)**

**\$174.00 per child (up to 11 yrs old) or**

**\$187.00 per child (includes ski or snowboard rental package)**

#### LOOKING FOR INFORMATION?

Are you looking for places to go biking, camping, hiking, skiing, or surfing? Then stop by the Outdoor Recreation Center and we will provide you with information on areas to go and things to do while enjoying the outdoors. We have information on areas in Izu Peninsula, Hakone, Sagami Bay, Boso Peninsula, Fuji Five Lakes, Tanzawa-Oyama Quasi-national Park, Meijinomori-Takao Quasi-national Park, and southern part of Chichibu-Tama National Park.

For more information on Outdoor Adventure Programs call the Outdoor Recreation Center at 243-5732.

## Outdoor Gear Issue

### January Special

Attend any two trips in January and receive a ski/snowboard wax for free! To claim your free wax job, bring in your two trip receipts dated in January 2004.

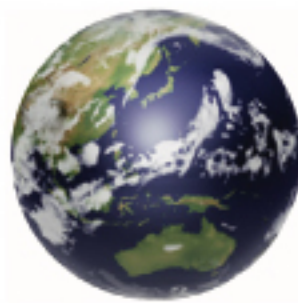
### Rental Equipment

Includes snowboards, skis, jackets and pants, backpacks, daypacks, sleeping bags, tents, tarps, stoves and other accessories. Come in today to check out our low rental rates!

### Bicycle Maintenance and Repair Services

Outdoor Recreation Center has all the tools needed to take care of your major or minor bicycle repair problems. Come in and get a free estimate to get your bicycle repaired by our Certified Bicycle Technician.

## International Programs



### New Year's Earth Day Part 19 (off base)

January 1 from 0100 to 0300

Join U.S. and Japanese volunteers as we clean the waterfront area near JR Yokosuka Station in this annual Earth Day event.

#### Schedule:

- 0030 Muster all volunteers at the waterfront park by JR Yokosuka Station. Issue cleaning equipment & instructions.
- 0100 Start cleaning
- 0300 Start serving New Year's traditional hot Mochi soup. Collect cleaning equipment, issue New Year's good luck gift & two membership credit stamps at the registration table.

- 0330 Award ceremony
- 0400 End of the event

## New Year's International Saltwater Fishing Tournament (on base)

January 18

- 1015 Muster at picnic area #5 or behind Thew Gym (depending on weather conditions)
- 1030 Tournament begins
- 1200 International New Year's BBQ
- 1234 High Tide
- 1445 Stop fishing (bring in all fish for the prizes)
- 1500 Award ceremony

Up coming International event schedule is now available. If you are interested in signing up, please visit our office and take a look! To sign up, or for additional information, please visit the International Programs Office in room 320 on the third floor of the Fleet Recreation Center or call 243-4731 (DSN) or 046-823-3555 (off base).



## Photography Field Trip to Kamakura for Grades 3 - 6

January 24 from 0900 to 1400 at Youth Center Event

Calling all photo enthusiasts! You are invited to join us for a photography adventure to the Kamakura Shrine and surrounding areas. We will take you to some areas with a lot of potential for exciting shots. We will also give you tips along the way to help you get that great picture to enter in this year's photography contest!

**\$10.00 (includes snacks, train tickets, and staffing)**



## Wellness Center

### New and Upcoming Classes

#### New Year's Resolution 5K

**January 7 at 1130 in Thew Gym**

Open to anyone ages 5 and up. Showtime is 1100. This event is free, for those who want a t-shirt, the cost is \$5.00. Must sign up and give size by December 22. Youth will receive a participation ribbon. Medals will be given to 1st & 2nd place in each age category. Age groups are 15-19/20-29/30-39/40-49/50 plus for both men and women, plus a Clydesdale group (200lbs). Refreshments will be provided at the end of the race. Please sign up at Thew Gym. For more information please call the Wellness Center at 241-4486.

#### Martin Luther King 3K

**January 16 at 1130 in Thew Gym**

Open to anyone ages 5 and up. Showtime is 1100. This event is free, however, for those who want a t-shirt, the cost is \$5.00. Sign up by January 7. Certificates for all who run, and all youth will receive a participation ribbon. Refreshments will be provided at the end of the race. Please sign up at Thew Gym. For more information please call the Wellness Center at 241-4486.



#### Aloha-a-thon Family Event

**January 23 at 1700**

Come dressed in your best Hawaiian attire and ready to work-out! The first 25 adults and 25 children that sign up will receive a grass skirt and accessories. All activities are designed for ages 5 and up, however, all ages are welcome. There will be door prizes raffled (one ticket per family) and food for all who show up. The event will be at Fleet Gym on the 5th floor. Sign up at Thew Gym. Cost is \$3.00 per person.

#### New Year's Resolution Seminars

The seminars consist of 4 classes:

- January 9** Gym Orientation
- January 16** Cardio Seminar
- January 23** Strength Seminar
- January 30** Flexibility Seminar

All seminars run from 1600 to 1700 in room 353 of the Navy College (Fleet Recreation Center). Anyone ages 15 & up is welcome. Sign up at Thew Gym by January 5. Attend all four classes and receive a gym bag.

## Adult Sports



#### Captain's Cup Basketball Tournament

**January 5 at Thew Gym's Court A**

Register by January 1 in the Thew Gym Sports Office. Coaches meeting will be January 2 at 1730 in the Thew Gym Sports Office. Schedule will be posted after the meeting. Team trophies will be awarded to the top 3 teams and individual awards for the top 2 teams.



#### Captain's Cup Racquetball Tournament

**January 24 at 0900, Fleet Gym's Racquetball Court (5th floor)**

Register by January 24 at 0830 in the Fleet Gym Office. Players meeting will be January 24 on the racquetball court. Showtime is from 0730 to 0830, schedules will be posted after the meeting. Awards will be presented to 1st and 2nd place winners.

#### Captain's Cup Co-ed Basketball Tournament

**January 26 at 1730 in Fleet Gym**

Register by January 21 in the Thew or Fleet Gym Sports Office. Coaches/Players meeting will be January 22 at 1730 in the Thew Gym Sports Office; schedules will be posted by 1730. Team trophies will be given to the top 3 teams and individual awards for the top 2 teams.

## Dr. Martin Luther King, Jr., Scratch Tournament

**January 17 at 1500  
at the Bowling Center**

We have a dream too... you winning at our center. Each player must bowl 6 games; two games on the first set of lanes, then move to the second set, and then the third for a total of six games. After this first portion, the top five players will bowl a bracket style tournament to reach the finals. In the championship, each player will bowl three games to determine the final victor. We'll also have free BBQ sandwiches and sodas (tournament participants only).

**\$25.00 per person**





# Recreation

## Aquatics

### Seaside Pool Operating Hours

#### Monday thru Friday:

0530-0730 Early Morning Lap Swim  
0730-1100 Command Reservation  
1100-1300 Lunch Lap Swim  
1300-1500 Recreational Swim  
1500-1700 Seahawks Swim Practice  
1700-1900 Lap Swim (except Tues.)

#### Wednesday

1700-1800 Lap Swim  
1800-1900 Master's Swim Team

#### Tuesday & Thursday:

1300-1400 Aqua Aerobics

#### Saturday:

0900-1200 Swim Lessons  
1200-1900 Recreational Swimming

#### Sunday

1100-1900 Recreational Swimming

### Get Fit With Aqua Aerobic Classes

Join the Aqua Aerobic classes offered Tuesday and Thursday from 1300 to 1400 at Seaside Pool. What are you waiting for? Come and join us!

### Year Round Swim Lesson

MWR Aquatics offers year-round swim lessons on Saturday mornings at Seaside Pool. The lessons are taught by certified American Red Cross instructors and are offered for all ability and age levels. The next session will begin February 7.

### Join The Four Seasons Swim Club

If you enjoyed the 50-mile swim club, you

can now enjoy a new program, the Four Seasons Swim Club. There will be four challenges per year that coincide with the seasons. The current challenge is "Freezing the Bering Straight," which consists of swimming the distance of the Bering Straight, from Alaska to Russia. This challenge runs through February 29, however, you can sign up any time. The Bering Straight is actually 130 miles long, but participants will be awarded 5 miles for every mile they swim. Therefore, swimmers will actually swim 26 miles to complete the challenge. There will be prizes awarded to everyone who finishes. For more details, please call 243-6410.

### Pool Information Hotline

Get up-to-date information on upcoming programs, pool hours, and pool closures 24 hours a day, 7 days a week by calling 243-5229.

## Green Bay Marina

### Chartroom Rental

The Chartroom (above McDonalds) is available for rental for official functions only. Call 243-4155 to make a reservation. Some restrictions apply.

**\$100.00 rental fee + \$100.00 cleaning deposit**

### Coastal Navigation Class

**January 3 & 4 from 0900 to 1600**

Green Bay Marina will be offering a coastal navigation class. Students will learn to navigate coastal waters using buoys, a compass, charts and tide & current tables. This is a lecture/self-study program with no required on-the-water training.

**\$100.00**

## Boat Rentals

Green Bay Marina will remain open throughout the colder months. Motorboats, sailboats, kayaks, and rowboats are available for rental through January.

Type of Boat	Hourly Rate	3-Hour Rate	Daily Maximum	Capacity
Rowboat	\$3	\$8	\$21	2
Kayak	\$5	\$5	\$5	1
JY-15'	\$5	\$14	\$37	2
Capri 16.5'	\$6	\$17	\$45	4
Small Motorboat	\$7	\$20	\$44	4
Large Motorboat	\$15	\$40	\$75	6
Catalina 22'	\$10	\$27	\$61	6

## Skateland

### New Year's Day Skating Party!

In celebration of the New Year, Skateland will be hosting a New Year's Day Skating Party from 1100 to 1300. Come on out and join the fun and excitement!

**\$2 admission fee will cover skate rental, food and drink.**

### Martin Luther King Day Skates

**January 19 from 1000 to 1900**

In celebration of Dr. Martin Luther King, Jr.'s birthday, Skateland will be giving away one free box of popcorn for every paid admission.



Club Alliance and AT & T are now sponsoring pool tournaments with cash prizes for 1st Place (\$50), 2nd Place (\$30) and 3rd Place (\$20).

Be sure to stop by the Single Sailor Liberty Center for the following events:

**Superbowl**  
**\$750 worth of prizes**

**Valentine's Day**  
**\$750 worth of prizes**

**\*You must be a single sailor or geographical bachelor to enter.**

MWR sincerely thanks and appreciates the sponsors of this event. However, neither the Navy nor any other part of the Federal government officially endorses any company, sponsor, or their products or service.



# Single Sailor Program

## Tours

### Tokyo Disneyland Tour

January 3 from 0630 to 2300

Tokyo Disneyland offers a unique cultural experience with a "down home America" feel. Come enjoy a little bit of home! **\$45.00 per person includes transportation and one-day pass**

### Yunessun Hot Spring Tour

January 10 from 0630 to 2000

We will take you to the picturesque city of Hakone. Lying at the foot of Mt. Fuji, Hakone covers an area of spectacular beauty forming the Fuji-Hakone National Park. Yunessun is located in the park, and has 21 different kinds of Japanese baths, saunas, indoor hot spring pools, and massage rooms. Take a break from your daily routine and have a relaxing time. Bathing suits are required. **\$35.00 per person includes transportation and admission fee**

### Grand Sumo Championship & Tokyo Edo Museum Tour

January 11 from 1130 to 2000

During the Edo Period (1800s) in Japan, the sport of Sumo began to slowly evolve into what it is today – one of the country's most popular sports. Come and join our Single Sailor Tour to see the Edo period exhibition at Edo Museum and experience the best of Japanese culture. **\$50.00 per person includes transportation and admission fees**

## One-Day Ski & Snowboard Tours

#### • January 24 Ishiuchi Maruyama Tour

Sign up by January 20

#### • January 31 Maiko Korakuen Tour

Sign up by January 27

#### • February 28 Jyoetsu Kokusai Tour

Sign up by January 24

#### • March 6 Naeba Tour

Sign up by March 2

#### • March 13 Maiko Korakuen Tour

Sign up by March 9

**\$60.00 per person includes transportation and lift tickets. Ski gear is not included in the price.**

## Overnight Ski/Snowboard Tours

### Shiga Kogen Overnight Tour

January 18 – 19 (Martin Luther King Jr. Day)

Sign up by January 9

**\$200.00 per person includes transportation, 2 days lift tickets, hotel (twin occupancy), 1 dinner and 1 breakfast buffet**

### Naeba Overnight Tour

February 21 – 22

Sign up by February 5

**\$180.00 per person includes transportation, 2 day lift ticket, hotel (twin occupancy), 1 dinner and 1 breakfast buffet**

#### NOTE...

- The Liberty Program is for active duty single sailors/geographical bachelor members only.
- All tours are run on a first come first served basis.
- No phone call reservations are accepted.
- Tour tickets are non-transferable.
- All times are approximate due to traffic.

## Events

### Pool Tournament

January 6 at 1900



### Bowling Tournament

January 14 at 1900

### Martin Luther King, Jr. Holiday

January 19

Buffet starting at 1500, guest speaker, raffle and 3 on 3 basketball tournament.

### Chess Tournament

January 28 at 1900

\*\* For all the events, come to SPECTRUM for more details and sign up.

## January Comedians

Live Comedy  
Featuring:



Caroline Picard  
"The Cajun Queen"



Mo Amer

Sharky's  
All-Hands  
Brewery  
(Club A)  
January 29  
1900

THIS IS AN ADULT COMEDY SHOW AND MAY  
CONTAIN LANGUAGE SOME MAY FIND OFFENSIVE.  
For more information, please call 243-5215.



# Child Development Program



**Navy Child  
Development  
Home  
Providers**

**Quality childcare in a loving,  
learning environment**

Are you new to Yokosuka? Do you need time to go...

- House or job hunting
- Sightseeing
- Shopping off base
- Attend an ICR, FSC or evening class
- To a medical appointment
- To a hair or beauty appointment

If the answer is yes to any of these questions then leave your child with us! We provide child care for full time, after school, and day or shift work schedules. We will give your children love and care in our homes.

For more information call the CDH office at 243-5478/3222 or visit room 201B in the MWR building (above Taco Bell).

**Become a certified  
Child Development Home Provider  
and enjoy both the challenges  
and rewards of a career working  
with children**

## Main CDC

**Saturday Special Opening**  
January 10 from 1700 to 2400

## Hourly CDC



**Pajama & Teddy Bear Day**  
January 16 from 1430 to 1530

## Negishi CDC

**Martin Luther King, Jr. Luncheon**  
January 16 at 1100

**Saturday Special Opening**  
January 17 from 1800 to 2400

## Ikego CDC

**Saturday Special Opening**  
January 24 from 1700 to 2400

## CDH

**CDH Orientation**  
January 8 & 22 from 0830 to 1030

**CDH Certification Training**  
January 27 - 31 from 0800 to 1200

## New Year's Eve Special Opening at the Main CDC

Reservations must be made in person and pre-paid at the Main CDC. There will be two options. One is for the hours of 1800 to 0200 and the cost is \$45.00 per child. The second option is for the hours of 1800 to 1000 the next day and the cost is \$65.00 per child (includes breakfast). Reservations will be accepted until Friday, December 26. Cancellations must be made by 1700 on Tuesday, December 30, in order to receive a full refund.

**All Special Openings are for children  
from infants to 12 years old.**

## Yokosuka Child and Youth Services



### Central Enrollment and Waiting List

Our mission is to provide a standardized enrollment and waiting list system for all Child Development Centers, School Age Program and Child Development Homes in Ikego, Negishi and Yokosuka communities. To maximize utilization of CDC, SAC and CDH spaces this system is expected to provide fast, efficient and fair service to all patrons. Because we believe that choosing child care is an important decision, this new and improved procedure will be coordinated through a Resource and Referral Clerk (R & R) who will process applications for full time and part time child care needs into a waiting list. Sign ups and applications for all child care facilities may be received at any childcare location.

#### CEWL Procedure:

- Sign up and complete DOD Form 2606 (Request Care for Record) at any CDC, School Age Program or Child Development Home Office.
- Child care applications will be processed by a Resource & Referral Clerk. The date of receipt will be the determining position on the waiting list. Inquiries about the waiting list may be made by calling 243-3219.
- Patrons on the list will be notified if space becomes available in any of the Centers, Child Development Homes and School Age Program.

**Whether you're a new parent needing child care for the first time, or an experienced parent looking for a new caregiver or facility, the Yokosuka CYS is here to help you find the best options.**



# Ikego Community Bonfire

**January 17 from 1600 to 2000  
on Field 4b**

**One way to fight off the winter chill  
is to join us for our community  
bonfire. There will be a number of  
family games including: Banana  
eating contest, three legged race,  
s'mores building relay, roasted  
marshmallow eating contest,  
freeze dance, egg toss and more!  
There will be food and D.J. music.  
Don't miss the fun!**

***[Rain date Jan. 18 same time]***

## MWR FACILITY CLOSURE

*Due to a departmental function, all MWR Facilities will secure at 1800 on Monday, January 5  
except for the following establishments:*

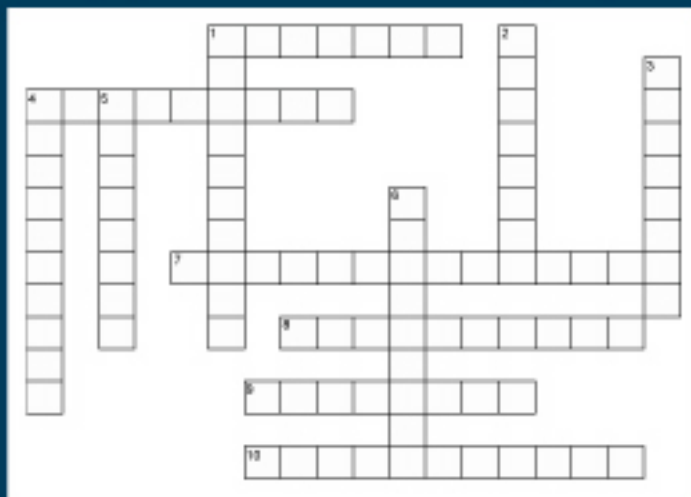
**Fleet Gym  
Spectrum (Single Sailor Lounge)  
Fleet Theater  
Seaside Club (Lounge Only)**

Normal services will resume on Tuesday January 6.

Visit us online @ CFAY.NAVY.MIL/MWR

## Puzzled about MWR?

Complete this month's crossword puzzle to learn about  
MWR programs and facilities and to win great prizes



### Across

- 1 Wednesdays are International Nights at this All Hands Club
- 4 This facility will be offering free usage for all authorized patrons in honor of January's Hobby Month
- 7 Take a Coastal Navigation Class at this MWR Facility
- 8 The Central Warehouse Manager's name
- 9 Number of times the International Programs Office has sponsored Earth Day
- 10 Get fit with this "splashing" class on Tuesdays and Thursdays at the Seaside Pool

### Down

- 1 This author is featured in the Library section of the January Focus
- 2 Children in 3rd to 6th grade can take beautiful pictures of this area
- 3 These monthly comedians will be performing at the Single Sailor Lounge on January 29
- 4 Hula your way to the finish line at this Wellness Family Event on January 23
- 5 Celebrate Martin Luther King, Jr.'s birthday Soul-train-style at this club on January 17
- 6 Last name of the Outdoor Recreation Director

Participate in the MWR crossword contest! Complete the crossword puzzle and return to Kristin Nietes - Rm #213 (2nd floor above Taco Bell) by January 31, 2004. A drawing from all complete and correct entries will be held on February 2, 2004. One entry per person. If you participate each month in 2004, you will be eligible for the grand prize drawing held on January 2, 2005. Any questions, call 241-4431.

**Monthly Winner Receives:  
\$50 MWR Gift Certificate**

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_



# Hours of Operation

## Yokosuka Facilities

<b>Auto Hobby Shop</b>	<b>243-5456</b>
Monday to Saturday	1000 to 2200
Sunday	1000 to 1800
<b>Aquatics</b>	<b>243-6410</b>
<b>Aquatics Hotline</b>	<b>243-5229</b>
<b>BOQ Pool</b>	<b>243-6830</b>
Closed for the season	
<b>Green Beach Pool</b>	<b>243-6410</b>
Closed for the season	
<b>Officers' Club Pool</b>	<b>243-5941</b>
Closed for the season	
<b>Seaside Pool</b>	<b>243-5620</b>
Monday to Friday	0530 to 1900
<b>Green Bay Marina</b>	<b>243-4155</b>
Monday to Sunday	0800 to 1700
<b>Bowling Center</b>	<b>243-4200/5158</b>
Sunday to Thursday	0900 to 2300
Friday & Saturday	0900 to 0100
<b>Child Development Homes</b>	<b>243-5478</b>
Monday to Friday	0700 to 1700
<b>Community Center</b>	<b>241-4110</b>
Monday to Friday	0800 to 2000
Saturday	0900 to 1600
Sunday & Holidays	CLOSED
<b>Entertainment Office</b>	<b>243-5215</b>
Monday to Friday	0730 to 1630
<b>Fleet Gym</b>	<b>243-5304</b>
Monday to Sunday	24 hours
<b>Fleet Gym Office</b>	<b>243-5304</b>
Monday to Friday	0700 to 1600
<b>Hobby Mart</b>	<b>243-5040</b>
Monday to Sunday	0900 to 1700
<b>Hourly CDC</b>	<b>241-4101</b>
Monday to Friday	0700 to 1700
<b>International Programs Office</b>	<b>243-4731</b>
Monday to Friday	0700 to 1600
<b>ITT</b>	<b>243-5613/7257</b>
Monday to Friday	0900 to 1800
Saturday	0900 to 1300
<b>Library</b>	<b>243-5574</b>
Monday to Friday	0830 to 2030
Saturday & Sunday	1130 to 2030
Holidays	0830 to 1730

<b>Main CDC</b>	<b>243-3219</b>
Monday to Friday	0615 to 1800
<b>Movie Hotline</b>	<b>243-6703</b>
Benny Decker & Fleet Theaters	
<b>Outdoor Recreation Center</b>	<b>243-5732</b>
Saturday to Wednesday	0900 to 1800
Thursday to Friday	1000 to 1900
<b>School Age Care</b>	<b>243-5492</b>
Monday to Friday	0615 to 1800
<b>Single Sailor Program (Tours)</b>	<b>243-7284</b>
Monday to Friday	0730 to 1630
<b>Spectrum Lounge</b>	<b>243-7346</b>
Monday to Sunday	0730 to 2400
<b>Skateland</b>	<b>243-7539</b>
Monday to Sunday	1200 to 2100
<b>Teen Center</b>	<b>243-5542</b>
Monday to Thursday	1400 to 2000
Friday	1400 to 2200
Saturday	1200 to 2200
<b>Thew Gym</b>	<b>243-5398</b>
Monday to Sunday	0530 to 2200
<b>Wellness Center</b>	<b>241-4486</b>
Monday to Friday	0900 to 1500
<b>Wood Hobby Shop</b>	<b>243-9064</b>
Monday to Thursday	0930 to 2100
Friday	1700 to 2100
Saturday, Sunday & Holidays	0900 to 1730
<b>Veterinary Clinic</b>	<b>243-6820</b>
Monday to Friday	0800 to 1600
Tuesday & Thursday (surgery)	0730 to 1600

## Clubs & Dining

<b>Club Alliance</b>	<b>243-5951</b>
<b>Sharky's Beverage Company</b>	
Sunday to Thursday	1500 to 0030
Friday, Saturday & Day before a Holiday	1500 to 0230
<b>Sharky's BBQ</b>	
Monday to Saturday	1600 to 2200
Sunday	CLOSED
<b>2nd Floor Cashier Cage</b>	
Sunday to Thursday	1100 to 2400
Friday, Saturday & Day before a Holiday	1100 to 0130
<b>Italian Gardens</b>	
Lunch Monday to Saturday	1100 to 1400
Dinner Monday to Sunday	1700 to 2100

<b>The Café</b>	
Sunday to Thursday	1100 to 2400
Friday, Saturday & Day before a Holiday	1100 to 0130
<b>Upper Deck Sports Bar</b>	
Sunday to Thursday	1100 to 0030
Friday, Saturday & Day before a Holiday	1100 to 0230
<b>Lighthouse Lounge</b>	
Friday to Saturday	2000 to 0100
<b>CPO Club</b>	<b>243-5506</b>
<b>Dining Room</b>	
Monday to Friday	
Lunch	1100 to 1330
Dinner	1700 to 2100
Saturday, Sunday & Holidays	
Lunch	1000 to 1330
Dinner	1700 to 2100
<b>Cruise Inn</b>	
Monday to Friday	0600 to 1400
<b>Cove Bar</b>	
Monday to Thursday	1100 to 2400
Friday	1100 to 0100
Saturday	1000 to 0030
Sunday	1000 to 2400
<b>MWR Food Court</b>	<b>243-3245</b>
<b>Mean Gene's Burgers</b>	
Monday to Sunday, Breakfast	0600 to 1000
Monday to Sunday, Reg. Menu	1000 to 2200
<b>Smash Hit Subs</b>	
Monday to Sunday	1000 to 0530
<b>Hot Stuff Pizza/Cinnamon St.</b>	
Monday to Friday	1100 to 2100
<b>Officers' Club</b>	<b>243-5030</b>
<b>Kosano Dining Room</b>	
Sunday Brunch	0900 to 1330
Lunch	
Monday to Friday	1100 to 1330
Saturday and Holidays	CLOSED
Dinner	
Monday to Saturday	1700 to 2100
Sunday and Holidays	1700 to 2000
<b>Warehouse Dining Room</b>	
Lunch	
Monday to Saturday	1100 to 1330
Sunday and Holidays	CLOSED
Dinner	
Monday to Saturday	1700 to 2100
Sunday and Holidays	CLOSED
<b>Le Flaire Café</b>	
Monday to Friday	0630 to 1630
Saturday	0830 to 1630
Sunday and Holidays	CLOSED



# Hours of Operation

## Le Floire Bar

Monday to Saturday	1630 to 2300
Sunday and Holiday	CLOSED

## Kurofune Lounge

Monday to Thursday	1500 to 2300
Friday & Saturday	1300 to 0100
Sunday & Holidays	1300 to 2300

## Deli and Bakery

Monday to Thursday	0900 to 1900
Friday & Saturday	0900 to 2100
Sunday	1000 to 2000
Holidays	1000 to 1900

## Game Rooms (Main Side)

Monday to Friday	0830 to 2300
Saturday, Sunday & Holidays	0900 to 2300

## Game Room (Warehouse)

Monday to Saturday	1100 to 2300
Sunday and Holiday	CLOSED

## Cashier (Main Side)

Monday to Friday	0830 to 2300
Saturday,	
Sunday and Holidays	0900 to 2300

## Seaside Club

243-3379/5625

### Dining Room

Monday to Saturday	
Breakfast	0600 to 1000
Lunch	1100 to 1500
Dinner	1700 to 2100
Sunday	
Breakfast	0600 to 0830
Brunch	0930 to 1400
Dinner	1700 to 2100

### Barnacle Bill's Lounge

Sunday to Thursday	1100 to 2300
Friday & Saturday	1100 to 2400

### Deli

Sunday to Thursday	0600 to 2100
Friday & Saturday	0600 to 2200

## Ikego Facilities

### Ikego MWR Office

246-8071

Monday to Friday	1000 to 1830
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## Club Takemiya

246-8075/8077

### Dining Room

Monday to Saturday	1100 to 1330
	1700 to 2100
Sunday	1000 to 1330
	1700 to 2100

### Lounge

Monday to Thursday	1600 to 2300
Friday & Saturday	1600 to 0200
Sunday	1600 to 2200

### Delivery Service to Ikego Housing

Monday to Saturday	1700 to 2030
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## Ikego CDC

246-8060

Monday to Friday	0600 to 1800
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## Ikego Sports

246-8017

Wednesday to Sunday	0800 to 1700
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## Ikego Pool

Closed for the season

## Ikego School Age Care

246-8301

Monday to Friday	0600 to 1800
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## Ikego Teen Center

246-8301

Monday to Friday	1800 to 2100
Saturday	1200 to 2200

## Negishi Facilities

### Negishi MWR Office

242-4120

Monday to Friday	0900 to 1700
Saturday	0900 to 1200

### Negishi Bowling Center

242-4123

Tuesday to Thursday	1500 to 2100
Friday	1500 to 2200
Saturday	1200 to 2200
Sunday & Holidays	1200 to 2000

## Negishi CDC

242-4316

Monday to Friday	0600 to 1800
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## Negishi Club

242-4151

Monday to Thursday	1100 to 2300
Friday	1100 to 0200
Saturday	0900 to 0200
Sunday & Holidays	0900 to 2200

### Dining Room

Monday to Thursday	
Lunch	1100 to 1400
Dinner	1700 to 2000

### Friday

Lunch	1100 to 1400
Dinner	1700 to 2100

### Saturday

Breakfast	0900 to 1100
Lunch	1100 to 1600
Dinner	1700 to 2100

### Sunday

Breakfast	0900 to 1100
Brunch	0900 to 1400
Lunch	1100 to 1600
Dinner	1600 to 2000

### Lounge

Monday to Thursday	1100 to 2230
Friday & Saturday	1100 to 0130
Sunday & Holidays	1100 to 2130

## Negishi Fitness Center

242-4124

Monday to Sunday	0400 to 2200
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## Negishi Pool

242-4844

Closed for the season

## Negishi School Age Care

242-4131

Monday to Friday	0600 to 1800
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## Negishi Teen Center

242-4121

Monday, Tuesday & Thursday	1600 to 2000
Friday	1600 to 2200
Saturday	1200 to 2200

## Negishi Theater

Monday to Sunday	1800 to 2200
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# Veterinary Services

- Vaccinations and Microchips are offered by appointment only.
- Appointments can be made for sick call pets by calling 243-6820.
- For safety reasons, children under the age of 12 are not recommended in the clinic.
- Call for dates and times for monthly Negishi Clinic.





# SUPERBOWL XXXVIII

**February 2 at 0600**

## **Superbowl Game at the Single Sailor Center**

Highlights include a FREE Breakfast Buffet to get you started before the kick off and a trivia contest throughout the game with prizes to the winners. Prizes will also be given to the winners of the best looking NFL jersey worn by a patron. Following the game Spectrum will host visiting professional Cheerleaders for a meet and greet session. Have FUN and support your favorite team.

## **Superbowl Extravaganza at Fleet Theater!!!**

Catch the Superbowl on the "larger-than-life" big screen at Yokosuka's Fleet Theater with NFL Cheerleaders! Breakfast will be available for \$3.95 and the bar will be open as well. NFL Cheerleaders will do a pregame show and be available for pictures and autographs until half time. Free movie posters to the first 100 people to arrive, plus other door prizes.

Single Sailor "Liberty" Program

# Sapporo Snow Festival

**Come with Single Sailor on the best trip of the year!  
Enjoy the beautiful Ice Festival in Sapporo!**

## **Cost includes:**

Round trip bus transportation from Yokosuka to Haneda Airport, round trip airfare, hotel accommodations with 2 breakfasts, 1 lunch, 1 BBQ dinner, and a chartered bus for sightseeing on the 2<sup>nd</sup> day.

Call for price.

\$50.00 non-refundable deposit required.

**February 6-8, 2004  
Sign up by January 15**